

Overeaters Anonymous

“Where & When” Meeting Guide

Annapolis Area, Southern MD, Eastern Shore (*January 2018*)

Overeaters Anonymous is a fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organizations, political movement, ideology, or religious doctrine; we take no stand on outside issues. Our primary purpose is to abstain from compulsive eating and to carry this message of recovery to those who still suffer. **For information about meetings, go to annapolisoa.org. If you are new to a meeting, we recommend that you call the meeting contact person to check time and location.**

Annapolis Area

Day	Time	Location	Type	Contact	Group #
Sun	5:00 pm	South Shore Recovery Club Route 178 at I-97 Ramp 1199 Generals Hwy, Crownsville	Speaker Meeting	Bobbi 443-694-0292	49836
Mon	5:15 pm	Our Shepherd Lutheran Church 400 Benfield Rd., Room #5 Severna Park	Literature Inclement weather: follow AACC	Bobbi 443-694-0292	30992
Tues	10:30 am	Calvary United Methodist Church 301 Rowe Blvd., Room 217 Annapolis	Step Study: <u>OA 12&12</u>	Jane 410-571-0758	17242
Tues	6:30 pm	Spa Creek Center 35 Milkshake Lane Annapolis	Step Study OA 12 & 12	Maura 410-315-75487 Susan L	52806
Wed	6:45 pm	South Shore Recovery Club Route 178 at I-97 Ramp 1199 Generals Hwy, Crownsville	Speaker/Literature	Mike R. 571-241-4798	51306
Wed	5: pm	101 Log Canoe Circle Bohemia Building Suite F 2 nd Floor Stevensville, MD	Literature	Karen Text 410 353 5617	
Thurs	10:30 am	Calvary United Methodist Church 301 Rowe Blvd., Rm. 219, 2nd floor Annapolis	Literature study:	Jane 410-571-0758	24077
Fri	6:00 pm	Our Shepherd Lutheran Church 400 Benfield Rd., Room #5 Severna Park	Leader’s choice Literature study, Step or Tradition last Friday of the month	Lori 202 821 5587	17204
Sat	10:00 am	Spa Creek Center, 35 Milkshake Lane Annapolis	Step Study	Cindy 240 603 4163	19053

Annapolis Area Intergroup Meetings -

All are welcome - Held 3rd Sunday of each month - 6:15 – 7:15 pm
 South Shore Recovery Club, 1199 Generals Highway, **Crownsville** MD 21032

World Service Office (30%) PO Box 44020 Rio Rancho NM 87174-4020 505-891-2664 www.oa.org	Region 7 Inc. (10 %) www.oaregion7.org	Annapolis Area Intergroup (60%) Annapolis OA PO Box 57, Crownsville MD 21032 www.annapolisoa.org *Send changes to Where and When here*
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Southern Maryland

Day	Time	Location	Contact	Group #
Mon	6 30 pm	North East Community Center 4075 Gordon Stinnett Road (2nd floor) Room M2 Chesapeake Beach, Maryland 20732 (next to the Waterpark)	Clare 301-873-5885	47247
Thu	2:00 pm	North East Community Center 4075 Gordon Stinnett Road (2nd floor) Room M2 Chesapeake Beach, Maryland 20732 (next to the Waterpark)	Clare 301-873-5885	47248
Sat	10:00 am	Middleham Parish Hall Room 765 Lusby, MD 20657	Joyce T 301-866-1484 ladycassandra1@verizon.net	

Mid- Shore

Day	Time	Location	Contact	Group #
Mon	5:15pm	Memorial Hospital, Health Ed. Bldg, Room B, 219 S. Washington Street Easton, MD 21601	Marcia 410-820-0006	41095

Lower Shore (Diamond State Intergroup)

Day	Time	Location	Contact	Group #
Sun	2:30 – 3-30 PM	Atlantic General Hospital 9733 Healthway Drive Berlin, MD 21811 Main Entrance, Conference Room 1	Bette 410-202-9078	

Baltimore Area Intergroup www.oabaltimore.org	Northern Blue Ridge Intergroup 301-694-3554 www.northernblueridgeoa.org
Washington DC Area Intergroup www.oa-dcmetro.org 202-854-8462	Northern Virginia Intergroup 703-823-6682 www.oanova.org
Delaware & Northeastern Maryland (Diamond State Intergroup) www.oadelaware.org	Listen to OA speakers on these websites: www.xa-speakers.org http://www.oalaig.org/speakers-podcasts/oa-speakers.html